

countryenergy

Great East Coast Camp Oven



Cook Off

July 10-12 – Lismore Showground

FOUR

creative categories
Judged by 4
Ingredients, Kim &
Rachael

- **Baking** Fri July 10
(11am start, judging 3pm)
Meat pie, fruit pie, sausage roll
- **Main Meal** Sat July 11
(9.30am start, judging 1pm)
- **Damper** Sat July 11
(1.30pm start, judging 3pm)
Plain, sweet or savoury
- **Dessert** Sun July 12
(10am start, judging 1pm)

WIN!

**Top of the range
camp ovens, BBQ
packs & cash prizes!**
Worth over \$2,000

Entries must be cooked on site
using camp ovens – with either
coals or heat beads.

Entrants to provide their own
camper ovens. No entry fee.

Visit:

www.lismore4wdshow.com.au
or call 6627 4444

Great East Coast Camp Oven



Cook Off

Name

Address

Town

Postcode

Phone

Mobile

Email

CATEGORY

Baking

Main Meal

Damper

Desert

PRIZE SPONSORS

- Southern Metal Spinners – Bedourie & Aussie Camp Ovens
- Heat Beads® - Heat Beads® & associated products
- On The Road Magazine – Magazine subscriptions

RULES

1. Entry is free. All entrants must submit an entry form.
2. Entrants to provide their own camper ovens.
3. All entries must be cooked on site from raw ingredients using a camp oven/s and contestants may use either camp fire coals or heat beads.
4. Entrants may use garnish and decorations for presentation.
5. Judges will take into consideration presentation as well as taste in making their decision.
6. Entries can be lodged on the day. Entries close 9.15am on the day.
7. All entrants must be 18yrs and over as at 10/7/09, and must sign indemnity form before the event.
8. Entries can be faxed to 6621 4288, posted to PO Box 822, Lismore NSW 2480, or lodged on the day at the event.